



**West Kent
Clinical Commissioning Group**

Responding to the Joint Kent Health and Well-being Strategy

19 November 2014

Patient focused,
providing quality,
improving outcomes

1 Background

Introduction

- 1.1.1 The aim of this paper is to demonstrate how NHS West Kent CCG responds the priorities, approaches and outcomes of the Kent Joint Health and Wellbeing Strategy and provide an update on the commissioning intentions/actions that are being taken forward.
- 1.1.2 The Kent Joint Health and Wellbeing Strategy is published by the Kent Health and Wellbeing Board on behalf of all local authorities and NHS Clinical Commissioning Groups in Kent.
- 1.1.3 The Kent Joint Health and Well-being Strategy 2014-2017 sets out the overarching direction for the NHS, social care and public health services in Kent. It also describes how we would like to work together to improve people's health and reduce the health inequalities that exist in the county. We have updated the strategy and want to hear how you would like to be involved in future engagement activity around the strategy.
- 1.1.4 The Kent Health and Well-being Board (KHWB) was established in April 2013, and at that time it agreed its first Health and Well-Being strategy drawing on the information contained in the Joint Strategic Needs Assessment (JSNA). This strategy helped inform and shape the Strategic Commissioning Plan 2014-2019 and the Better Care Fund submission for NHS West Kent CCG.
- 1.1.5 During 2014 the Kent Joint Health and Well-being Strategy (KJHWBS) was refreshed along with the JSNA and as the major challenges facing Kent were considered to be still applicable the same set of 5 outcomes and 4 priorities were retained in the updated strategy. It was also agreed that three approaches will be used to test all future developments to ensure they are Person Centred, that they part of Integrated Provision and procured by Integrated Commissioning.



2 Aligning Plans

- 2.1.1 The NHS West Kent CCGs Strategic Commissioning Plan 2014-2019 was informed by the same JSNA that was used to inform the KJHWBS
- 2.1.2 An underpinning theme of the Kent Joint Health and Well-Being Strategy (KJHWBS) relates to the growing pressure of demographic change, generating increased need for health and social care services at a time of financial stringency echoes the challenges that underpins Mapping the Future the blueprint for change in west Kent
- 2.1.3 The following table shows how the key commissioning intentions in the 2014-2019 Strategic Commissioning Plan align to the 5 outcomes of the KJHWBS. More detail can be found in Appendix I.

OUTCOME 1: Every child has the best start in life
Extract from the Kent Joint Health and Well-Being Strategy: <i>“The aim is to provide additional local services that can be accessed easily, at the right time and in the right place. This will ensure more targeted early help is available to meet the needs of children and young people in a way that avoids problems becoming more serious. We also need to ensure that children and young people experience a seamless transition when they move between services”.</i>
Highlighted Issues in KJHWBS <ul style="list-style-type: none"> • Speech and Language Therapy • Common Assessment Framework • Disabled Children • Child and Adult Mental Health Services
Summary of Key NHS West Kent CCG Commissioning Intentions 2014-19 <ul style="list-style-type: none"> • Maternity services • Looked After Children • Disabled Children - • Children’s Urgent Care Pathway • Children’s Community Nursing Model • Child and Adult Mental Health Services

OUTCOME 2: Effective prevention of ill health by people taking greater responsibility for their health and wellbeing
Extract from the Kent Joint Health and Well-Being Strategy: <i>“To improve people’s long term health we have to improve lifestyles, encourage healthy eating in adults and reduce levels of smoking. In addition to this we will need to look at how we improve people’s knowledge of the symptoms of various diseases such as cancer and what they can do to prevent them, for example by encouraging physical activity. Addressing health inequalities will require all partners to effectively contribute to improving access to services so that overall health equity can be improved”.</i>
Highlighted issues in KJHWBS <ul style="list-style-type: none"> • Early screening • Interventions targeted to small populations of high risk groups • Whole population approaches that encourage citizens to take a more active part in the immediate and long term health and wellbeing • Using information across the system to understand the need of our local population
Summary of Key NHS West Kent CCG Commissioning Intentions 2014-19

- Premature Death
- New Primary Care Model
- Medicines Optimisation in Primary Care
- Expert patients program

OUTCOME 3: The quality of life for people with long term conditions is enhanced and they have access to good quality care and support

Extract from the Kent Joint Health and Well-Being Strategy:

“To improve outcomes for our population we need to shift our focus from treating individual illnesses to addressing the needs of the person as a whole. This requires rethinking how care is commissioned and provided. There is a widespread agreement across the health and social care system that things need to change and that an integrated approach to care is needed if we are to meet this challenge”.

Highlighted issues in KJHWBS

- Management of long term conditions
- Support for 75 and over that those with complex health and social care needs.
- Falls
- Workforce and skills issues
- Learning difficulties

Summary of Key NHS West Kent CCG Commissioning Intentions 2014-19

- Falls Prevention Service
- End of Life Care
- Diabetes
- Learning Disabilities

OUTCOME 4: People with mental health issues are supported to ‘live well’

Extract from the Kent Joint Health and Well-Being Strategy:

“Mental Health covers many separate conditions that vary in duration and severity..... Mental illness can co-occur with learning/physical disability and substance misuse. Also people with physical health problems can experience emotional consequences of their condition..... Therefore health and mental health are not separate issues and both need to be treated with equal esteem”.

Highlighted Issues in KJHWBS

- Young people transitioning from child to adult services
- Reviewing medication and signposting effectively
- Raise awareness of mental health

Summary of key NHS West Kent CCG Commissioning Intentions 2014-19

- Mental health placements
- Carers
- Crisis Care
- Eating Disorders
- Primary Care Mental Health
- Improving Access to Psychological Therapies

OUTCOME 5: People with dementia are assessed and treated earlier, and are supported to live well

Extract from the Kent Joint Health and Well-Being Strategy:

“We Will support people to live well with dementia and do all we can to ensure that people who need help and support receive it at the right time, in the right place and the right way for them..... We must develop more closely integrated services, more holistic forms of care and support a greater awareness and understanding of the needs and aspirations of people with dementia and those close to them, such as their families, friends and carers”.

Highlighted issues in KJHWBS

- Improving access to diagnosis
- Integrated approach to care planning
- Training and upskilling the workforce
- Dementia friendly environments

Summary of Key NHS West Kent CCG Commissioning Intentions 2014-19

- Dementia
- Care plan management system

Louise Matthews, Deputy Chief Operating Officer, West Kent Clinical Commissioning Group, ✉
louise.matthews5@nhs.net ☎ 07903271819